



Surviving Cancer

in Greater Washington DC

Newsletter of the Greater Washington Coalition for Cancer Survivors

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What's Cooking?

Once again, **GWCCS** was one of the sponsors of the *Improving the Chemotherapy Experience* program, which was held at the Washington Hospital Center. The workshop on nutrition featured a talk by Giuliana Klesius, a nutrition counselor with Food and Friends and a cooking demonstration by Don Shaw, Executive Chef at the Women's National Democratic Club. **GWCCS** Vice President also made his informative and colorful presentation "Been There, Done That: A Cancer Survivor Talks About Chemo."

Financial Issues– What To Do?

The costs of medical treatment, prescription drugs, hospital stays, and insurance premiums continue to increase with no signs of leveling off. Many are concerned about their ability to meet these expenses. This is particularly true of those on fixed incomes.

This issue of *Surviving Cancer in Greater Washington DC* provides information on where to find help in dealing with these financial concerns. Pages 4 and 5 contain phone and Internet information on organizations that can assist in finding answers to legal, financial, employment, and health insurance questions. There is also information on what recent legislation means and where you can get some free publications.

Laws and Regulations

There are a variety of legal remedies which you should be familiar with, including:

- Americans With Disability Act
- Consolidated Omnibus Budget Reconciliation Act
- Employment Retirement and Income Security Act
- Family and Medical Leave Act
- Federal Rehabilitation Act
- Health Insurance Portability and Accountability Act
- Hill-Burton Act
- Medicaid
- Medicare
- Social Security Disability Income
- Supplemental Security Income

GWCCS Directors:

John P. Sheahan
Judith M. Kahn
Lawrence W. Chinnery, Sr.

GWCCS Officers:

Jack Sheahan
President/Executive Director
(202) 364-6422 [Phone/Fax]
jack@sheahan.org

Lawrence (Larry) W. Chinnery, Sr.
Vice-President
(301) 610-9146
bchinnry@usermail.com

Kristina Heinemann
Secretary
(202) 265-2307

Judith Kahn
Treasurer
(202) 686-0335
jmkahn@aol.com

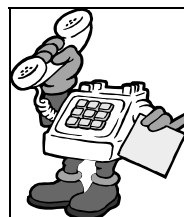
Betty Anne Adair
Vice President for Prince George's
and Anne Arundel Counties MD
(301) 858-9366
baababa@erols.com

Risa Yaffe
Vice President for Montgomery
County Maryland
(301) 251-8521
myqtpi@aol.com

Jackie Igoe
Vice President for Northern Virginia
(703) 531-2974
jigoe@thehospices.org

Kristina Heinemann
Vice President for Washington DC
(202) 265-2307

Jack & Mary Lee Sheahan
Publications Editors
(202) 364-6422
john.p.sheahan@worldnet.att.net



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please leave a message. Thanks!!

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GWCCS
4848 Albemarle Street
Washington, DC 20016-4347
Telephone/FAX 202-364-6422

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GWCCS Organization

The Greater Washington Coalition for Cancer Survivors Inc. is incorporated in the District of Columbia and is a 501 (c) tax-exempt organization Tax ID # 31-159-1553

GWCCS' goal is to provide an all-volunteer support network for cancer survivors, their family, friends and caregivers and to disseminate up-to-date accurate information about available resources for cancer care and survivor issues in a timely manner.